

## TEXAS PANHANDLE MHMR

901 WALLACE BLVD. AMARILLO, TEXAS  
[www.tpmhmr.org](http://www.tpmhmr.org)

July 2009, Volume VI, Issue 7

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### Serving the citizens of:

Armstrong, Carson,  
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 Hemphill, Hutchinson,  
 Lipscomb, Moore,  
 Ochiltree, Oldham, Potter,  
 Randall, Roberts, Sherman,  
 and Wheeler counties

## TPMHMR RECEIVES AWARD

The Texas Council Risk Management Fund presented Texas Panhandle MHMR with the Dick DeSanto Excellence in Liability Loss Prevention Award for 2009.

The Center was recognized for the best overall loss record for liability.



Dr. Sam Reeves, Board of Trustees Vice Chair, accepted the award at the recent Texas Council of Community Centers Conference in Ft. Worth.



## SUMMER ENROLLMENT MEETINGS

Summer enrollment meetings will take place for anyone who wishes to change their current levels of coverage or participate in a flexible spending account from July 22nd through August 4th. Please contact Debra Brown at 806.358.1681 to schedule an appointment.

## FLOAT DAY

For those employees eligible for a floating holiday, please remember to use it before August 31st as it does not carry over to next fiscal year. If you have questions about it, please contact the Payroll Department.

## Walk Across Texas ...

- 166 of the approximately 430 employees participated in Walk Across Texas this year.
- 22 teams signed up to participate.
- A total of 175 participants which included one Board member and two clients.
- TPMHMR and the 175 participants logged 44,088 miles in eight weeks for 2009. Last year we logged 27,294 miles.
- Mileage for our top five teams:
  - Team Bud Lite = 4,103 miles
  - Speed Demons = 3,627 miles
  - Team Sam = 3,448 miles
  - Rabid Lucy's = 2,803 miles
  - Pampa Tornadoes = 2,655 miles

Some of the activities included a kick off "Walk Out on Work" where participants were encouraged to walk together as teams on the start day either at the 10 a.m. break or a 2:30 p.m.

break; encouraging staff to get comfortable with the idea that it is okay to leave your desk and go for a walk.



Pedometers were given to participants that could not buy their own. Water was handed out to participants out walking. Team pictures were put on our intranet page and in the newsletter.

Several teams got t-shirts and wore them on Fridays to show their walking team spirit!

Healthy competition cropped up and some of our more athletically inclined staff were "poached" early by different teams from the ones they were on last year.

The Wellness Team had a Wrap Up Party on July 2nd. Door prizes and watermelons were given away.

See pages six (6) and seven (7) for pictures of the event.

Much appreciation goes to Wellness Coordinator, Connie Longan, for heading up such an event. Word has it she has another program scheduled for the fall.

Congratulations to Bud Schertler for again successfully completing the Triple Bypass (120 miles, elevation 10,300 ft., 3 mountain passes) Saturday, July 11 from Evergreen to Avon, Colorado. This race is considered to be one of the most difficult events in the country with over 3,500 participants.



Congratulations to Debbie Dunlap, Med Clinic, Polk Street. Her son, Travis Dunlap, recently graduated from South Texas School of Law. He graduated Magna Cum Laude.

Congratulations !



# Welcome these New Employees...

Diana Dickerson  
Gayla Frost  
Kimberly House (p/t)  
Leslie Johns  
Jodi Culp  
Wynette Elliott  
Veronica McClanahan

MH Service Coordination  
Wayne Group Home  
ASCI Borger  
Respite  
Community Living  
Community Living  
ECI



## Congratulations!

The following employees were recognized through the Performance Enhancement Program for one or more of the following: Core Competencies, Safety, Critical Thinking, Communication, Client Rights, Continuous Quality Improvement, Professional Behavior, Customer Service:

**Lisa Roberts, Continuity of Care**  
**Janie Diaz, Medication Clinic - Children's**

## This Month's Winner Is...

Kristen Wells, Utilization Management, was chosen by random drawing for the month of July. Kristen will receive a \$25.00 gift card from Amarillo National Bank.



To claim your gift card, please contact Joyce Lopez at 806.351.3308.

Each month a random drawing will be held. All full and part-time employees are eligible to win. Winners are published each month in *Here's What's Happening*.

Watch for future drawings...you could be next!

*Save the date...*

THE CULINARY BASH IS A FUNDRAISER TO MEET THE NEEDS OF CHILDREN, ADULTS AND FAMILIES RECEIVING SERVICES FROM TEXAS PANHANDLE MHAIR.

We wanted you to have the first chance to get a ticket!

12th Annual  
*Culinary Bash*

at the  
**Tascosa Country Club**  
October 3rd, 2009  
6:30 p.m.

Tables are available for you and your friends.  
For Reservations, call 351-3288.

## **A/H1N1 SWINE FLU**

Whether or not the A/H1N1 becomes the pandemic some authorities predict, its up to you to take personal responsibility for avoiding it. Hand washing is the first line of defense.

The flu is spread by contact with an infected person or contact with something the infected person has touched, such as a door handle, desktop or pen.

If the virus is not washed from your

hands, you will be infected when you touch your mouth, eyes or nose.



A vaccine is likely in the near future but if you get sick, stay home. Don't get out and spread it to others.

Take precautions for staying well.

# Walk Across Texas Wrap-Up

The Walk Across Texas Wrap Up was held on Thursday, July 2nd for those who participated in the eight week activity. Jim Conner and Jim Womack grilled hot dogs and Executive Director, Bud Schertler, served watermelon. Robin Garrison, Randall County Extension Agent, was present and thanked everyone for participating in the event.



# Walk Across Texas Wrap-Up continued...



# **Make Parenting a Pleasure Parent Training**

## **For parents of children from birth through age 6**



**WHEN:**  
Monday nights beginning  
August 3, 2009  
through October 5, 2009  
from 6:00 PM to 8:00 PM



**WHERE:**  
TPMHMR Children's Services Building  
1500 S. Taylor Street  
Amarillo, Texas 79101

Sponsored by **S.T.A.R.**  
(Services-To-At-Risk Youth & Their Families)

*Instructor: Janice James, MA, QMHP, UCAP Coordinator*

**(Must attend full class for certificate)**

# **NO CHARGE**

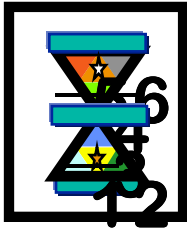
Call 359-2005 to register.

Limited seating available.

**No Childcare**

Funded by TDFPS

A Program of TPMHMR

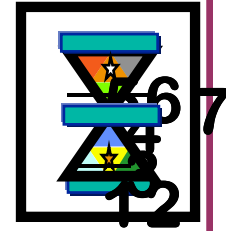


## 7 Basic Habits of Highly Effective People

### Powerful Lessons in Personal Change

Included in this presentation:

The 8th Habit: From Effectiveness to Greatness



Attend this training to add a new mind-set, a new skill-set, a new tool-set to your leadership competencies

Friday, August 14, 2009 • 9:00 am to 12:00 noon • HRD Training Room

To register, contact Carmen Nichols, 351.3244 or [carmen.nichols@tpmhm.org](mailto:carmen.nichols@tpmhm.org)

Register early. Space is limited.

## Save the Date: August 29, 2009

Havana Nights III...The Piehl Barn, Bushland, TX

Benefiting THE RAINBOW ROOM

## White Hat Award

The MR Service Coordination Department would like to present this months White Hat Award to **Renay Asberry, Director, Community Living**. Renay tries hard to accommodate the department by attending meetings, sharing ideas and giving feedback that is helpful when service planning. Renay also accommodates the clients by listening to them and being there to show support. Thank you for all you do Renay. We appreciate you.



Sharon Guinn for MR Service Coordination

Articles, ideas or suggestions for this publication may be submitted by the

1st of each month to:

Joyce Lopez • 901 Wallace Blvd., • Amarillo, Texas 79106