



Mental Health
Mental Retardation

Making Lives Better

Here's What's Happening...

TEXAS PANHANDLE MHMR

901 WALLACE BLVD. AMARILLO, TEXAS
www.tpmhmr.org

April 2010, Volume VII, Issue 4

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and Wheeler counties

TPMHMR and AISD Safe Schools 1st Annual Children's Carnival

Thursday, May 6th
4:00pm—7:00pm

Games

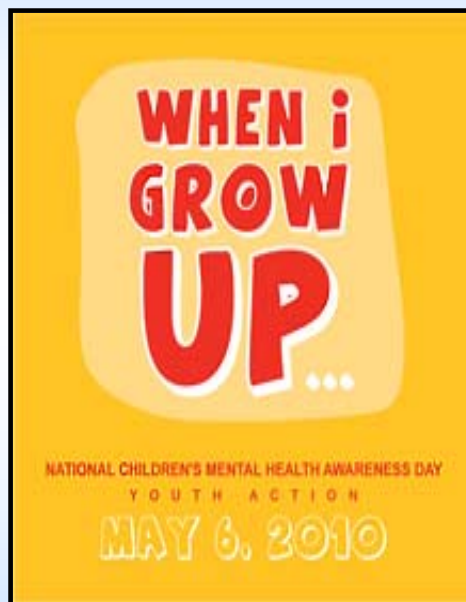
Free

Free

Prizes

*Family
Fun*

Fun

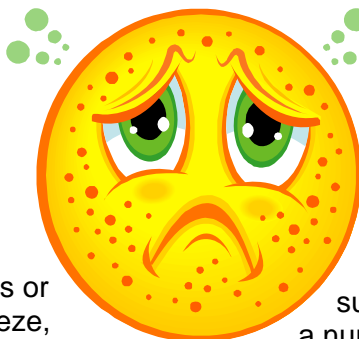


In Celebration of National Children's
Mental Health Awareness Day

WHY TEST FOR TUBERCULOSIS?

Diane Donnell, RN, BSN, Director, Utilization Management

Tuberculosis (TB) is an infectious disease that usually attacks the lungs, but can attack almost any part of the body, and is spread from person to person through the air.



correct time frame.

Her contact information is:
Sherri Perdue LVN, 503 Wallace Street, Amarillo TX. Ph: 351-3276 or Cell: 681-4574

A person with TB in their lungs or throat may cough, laugh, sneeze, sing, or even talk and spread the disease through the air. If another person breathes in these germs there is a chance that they will become infected with the disease.

Do not call Sherri yourself; your results **MUST** be called in to her by either a nurse or a physician, or written and dated for proof by outside medical personnel.

It is mandatory that we test our staff for TB or have the staff sign a disclaimer (a signed release that they choose not to have the TB Test) every year. Testing yearly is a safe guard to ensure that you have not contracted the disease within the last year; this is why it is required annually. The undiagnosed person represents a high risk to anyone they might be in contact with (client and or staff).

Sometimes staff will call and ask for results from their TB test which was never read after they did the skin test, therefore, we have no record of the results. This is why it is important for you to have any TPMHMR nurse read the test on the 3rd day, or within 72 hours of having the skin test, and call (or email) the results to Sherri Perdue LVN, so we have the results on record.

The TB skin test **MUST** be read by a nurse or physician within a time frame of 48 –72 hours (by the 3rd day) of having the skin test.

The TB skin test MUST be read by a nurse or physician 48 –72 hours after having the skin test.

Sherri Perdue, LVN, at Wallace Street, must either have your results called in by a nurse or physician, or must be read by her within the

Congratulations!

The following employees were recognized through the Performance Enhancement Program for one or more of the following: Core Competencies, Safety, Critical Thinking, Communication, Client Rights, Continuous Quality Improvement, Professional Behavior, Customer Service:

- Myrna Ruiz, ECI
- Jessica Nogler, ECI
- Lori Gwyn, ECI
- Karan Shomaker, ECI
- Annet Waxler, ECI
- Allison Zander, ECI
- Veronica McClanahan, ECI
- Lindsay Burkhalter, ECI

MENTAL HEALTH AND EMOTIONAL ILLNESS ACROSS THE LIFE SPAN CONFERENCE

Friday, May 7, 2010

CONFERENCE OVERVIEW:

Understanding of mental health and emotional illness has been growing with new information every year. Learning how the brain is involved with our behavior and thought patterns has advanced the science of psychiatry, psychology, nursing, and social work. During this seminar, information will be presented that will serve as a review and an update. Suggestions for interventions based on new research and clinical practice guidelines will be discussed for select emotional illnesses. You will be able to apply this new research in your every day practice, which will enhance the quality of care you provide for your clients.

AUDIENCE:

Nurses, educators, social workers, LPCs, LMFTs, healthcare and mental health professionals, students.

LOCATION:

Amarillo College West Campus Lecture Hall
6222 West 9th—Amarillo, TX

CONFERENCE LENGTH:

8:00 a.m.—5:00 p.m.

Registration begins at 7:30 a.m.

Please bring a sweater or jacket as temperatures in the meeting/conference rooms may vary from your comfort level.

CONTINUING EDUCATION CREDIT:

Nursing Contact Hours: 7.0
Social Workers, LPCs/LMFTs CEUs: 0.7

REGISTRATION FEE: (LUNCH INCLUDED)

Per Person: \$70.00
Students: \$20.00

Registration Deadline: May 4th

REGISTRATION CONTACT:

Amarillo College
Center for Continuing Healthcare Education
Online: www.actx.edu/ch
Phone: 806-354-6085
Fax: 806-354-6080
Mail:
P.O. Box 447
Amarillo, TX 79178
In Person:
6222 West 9th Avenue
Amarillo, TX

Continuing Nursing Education:

Amarillo College Center for Continuing Healthcare Education is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CONFERENCE SPEAKER:

Pamela E. Marcus, RN, APRN/PMH, BC has been in private practice since 1983 in Upper Marlboro, Maryland where she provides psychotherapy to patients with a variety of diagnoses. She is also an Associate Professor of Nursing, teaching the clinical portion of psychiatric-mental health nursing at Prince George's Community College School of Nursing in Largo, Maryland. She has been with that institution since 1999. She was formerly the Clinical Director for the Crisis Response System where she provided direct patient care as well as clinical supervision for the mobile crisis dispatch team; urgent care clinical; Intensive Family in Home Team; and telephone triage for crisis intervention.

A Professional Development Workshop for Child Care and School Personnel

April 17, 2010



First Christian Church
3001 Wolflin, Amarillo, TX 79109



Presented by the
Prevent Child Abuse Texas
in cooperation with

TPMHMR STAR Services & First Christian Church

\$20 early \$25 on site. 512.250.8438 Ext. 18

Program

- 8:00 Registration
- 8:30 Recognizing Child Abuse: Types of Abuse—Physical, Sexual, Emotional, & Neglect
Characteristics of Victims, Characteristics of Perpetrators
- 12:00 Lunch - On your own
- 1:00 Documenting Child Abuse/Neglect: Record Keeping –When Do You Report,
Protecting Yourself Against False Accusations, How to Report Child Abuse And the
Process of Investigation, Aftermath of Report
- 2:30 Preventing Child Abuse: What You Can Do, Community Resources
- 3:30 Evaluation & Adjournment

White Hat Award



The IDD Service Coordination Department would like to give the White Hat award to all the employees in the Purchasing Department. They are **Jack Fleming, Richard Escobar, Ricky Burrough, Mark Ellyson, Linda Gaskill** and **Kelli Splawn**. As most of you know, our department is going through many changes and through this process, the Purchasing Department has been instrumental in making the transition easier and efficient. They have all worked hard and we appreciate it. We also would like to recognize the help the department gives when assisting some of our consumers with moving. This is not an easy task, but they find a way to make it happen. We appreciate each one of you.

Sharon Guinn for IDD Service Coordination

Welcome these New Employees...

Lanitra Barringer
Valentina Bitela
Taliah Campbell
Gayla Christian
June Goding
Ashley Howard
Natasha Lafuente
Rexanna Long
Dora Parijs
Cathy Simpson
Edward Baca Jr.
Megan Meadows
Leslie Sheets
Ebony Barnes
Mikah Cahill
Kristen Ford
Naish Hall
Tracey Patterson
Jasmine Taylor
Jennifer Zarate
Zachary Zellers
Terry Zimmerman

ACT Team
Westcliff Group Home
Camp Lane Group Home
HCS Administration
While-A-Way
IDD Service Coordination
IDD Service Coordination
Atkinson Group Home
IDD Service Coordination
Club Meadows Group Home
MH Service Coordination Adult
IDD Service Coordination
IDD Service Coordination
Club Meadows Group Home
Fir Group Home - Pampa
Westcliff Group Home
Community Living GR
Community Living GR
Atkinson Group Home
MH Service Coordination Child
IDD Service Coordination
IDD Service Coordination



Articles, or suggestions for this publication may be submitted by the 1st of each month to:

Joyce Lopez • 901 Wallace Blvd., • Amarillo, Texas 79106
Phone: (806) 351-3308 Fax: (806) 351-3345 Email: joyce.lopez@tpmhm.org

Accidents from Cell Phone Distractions

Texas Council Risk Management Fund - Risk Advisor

The National Safety Council (NSC) has developed estimates of the number of vehicle accidents due to cell phone use and texting. Estimates are needed because there is currently no uniform system of collecting data by states and localities on this issue. NSC estimates that 28 percent of vehicle accidents in 2008 were attributable to cell phone and texting. The estimate is based on two factors: 1) the prevalence of drivers talking on cell phones and texting, and 2) the relative risk of the cell phone use and texting compared to not using phones and driving. Surveys conducted by NHTSA have determined that 11 percent of drivers in the United States are talking on cell phones during any daylight moment.



Congratulations to Stacy Sandorskey,
Director, Star Program, on the birth of a
baby girl. Baby Olivia was born February
16th. She weighed 9 lb 11 oz.
and was 21" long.

This Month's Winner Is...

**Debbie Dunlap, Medication Clinic, was chosen
by random drawing for the month of April.**

**Debbie will receive a \$25 gift card from
Amarillo National Bank.**

**To claim your gift certificate, please contact
Joyce Lopez at 806.351.3308.**

**Each month a random drawing will be held. All full and part-time
employees (except executive management) are eligible to win.
Winners are published each month in *Here's What's Happening*.**

Watch for future drawings...you could be next!



Human Resource Development...

"Outstanding Customer Service"

Lea Ann Crosser, CPT

Director, Human Resource Development

Monday, April 19th • 2pm—4pm

1500 S Taylor - Training Room • Amarillo, Texas

What is Outstanding Customer Service

How to Handle Phone Calls

How to Handle Office Visitors

How to Handle Crisis Calls

Non-verbal Communication

**How to Make the First Impression be the Best
and Lasting Impression**

For more information and/or to register, contact Jacqueline Briggs at
351.3282 or email: jackie.briggs@tpmhmhmr.org
2.0 CEU's will be available for LMFT, LPC, Social Worker's
and General CEU Credit

"Dealing with Difficult People"

Friday, May 21st • 1:30pm - 4:30pm

HRD Training Room, 901 Wallace Blvd.

Instructor: Jacqueline D. Briggs

The class will cover:

- The definition of difficult people
- 4 basic options for dealing with difficult people
- 3 basic steps to stay on track
- Successful formula for communication
- 7 types of difficult people

To register contact Jacqueline Briggs at 351.3282 or
email: jackie.briggs@tpmhmhmr.org



April Birthdays



4/1	Lori Gwyn	4/10	Aaron Plumley		Anastasia Johnson
4/2	Ramona Mathieson	4/11	Terri Jeffers	4/25	Pam Harris
4/4	Sharon Williams		Jesse Pool		Elva Smith
4/5	Phinease Smith		Janie Diaz		Bobby Medford
4/6	Gary Fox	4/13	Janice Alexander	4/26	Cindy Lascano
	Raynath Stallings	4/15	Edith DiTommaso	4/27	Richard Edgar
	Ashley Henson	4/16	Stacy Sandorskey	4/30	Ruth Sullivan
4/8	Brittany Morelos		Terri Andersen		
	Tammie Kinikin	4/17	Penny Land		
	Katrina Short	4/18	Mark Ellyson		



April Anniversaries

27 Yrs	Susan Kitchens	6 Yrs	Catherin Jones		Lupe Moreno
26 Yrs	Carol Cobb	5 Yrs	Sharon Guinn		Annie Thomas
23 Yrs	Phyllis Rockhold	3 Yrs	Tammy Escalante	1 Yr	Jamie Leib
22 Yrs	Fernando Vigil		Elva Devers		Charles Pierce
	Gary Fox		Christine Beavers		Sara Randolph
17 Yrs	Diane Parish	2 Yrs	Kathryne McLeod		Crystal Thomas
14 Yrs	Gaynelle Williams		Katherine Thomas		Kimberly Hall
10 Yrs	Rita Mehta		Trisha Morrah		Justin Humphries
8 Yrs	Dana Taylor		Anastasia Johnson		Myrna Ruiz
7 Yrs	Graciela Chavez		Paul Brown		

May Birthdays

5/2	Deborah Bishop	5/13	Angela Franklin		Fernando Vigil
	Norma Wilson		Allison Zander	5/25	Tracy McDonald
5/4	Kayla McKinney	5/14	Shiela Rios	5/27	Shirley Dunn
5/5	Richard Escobar	5/17	Melanie Anders	5/29	Brittany Padgett
5/7	Phyllis Clark	5/19	Karen Bolin	5/29	Kimberly Hall
5/8	Elizabeth Carrasco	5/20	Clayton Trew		Nicole Branscum
5/9	Valorie Sanchez	5/22	Tammy Escalante	5/31	Shannon Jones
	Cathy Simpson	5/24	Walter Kettler		
5/10	Jack Fleming		Nanette Provence		
5/11	Susan Young				

