

Here's What's Happening...

TEXAS PANHANDLE CENTERS

901 WALLACE BLVD. AMARILLO, TEXAS www.texaspanhandlecenters.org

October 2011, Volume VIII, Issue 10

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Serving the citizens of:

Armstrong, Carson,
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Lipscomb, Moore,
Ochiltree, Oldham, Potter,
Randall, Roberts, Sherman,
and Wheeler counties

2011 PENNAL LECTURE SERIES

YOU ARE INVITED.

October 18, 2011

2011 Pennal Lecture Series

Topic: "Technology, Bullying and the Tragedy of Suicide"

Speaker: M. David Rudd, Dean

College of Social and Behavioral Science University of Utah

Scientific Director of the National Center for Veterans Studies, University of Utah

Location: Amarillo Civic Center - Grand Plaza

Time: 5 PM - 7 PM

RSVP: 806-351-4622

A Powerful Presentation.

Mark Your Calendar!

FREE Admission.

CEUs Available.







Physicians are independent practitioners who are not employees or agents of Northwest Texas Healthcare System The System shall not be liable for actions or treatments provided by physicians.



IMPORTANT!



REMEMBER: By participating in the IMS Wellness Works Program, you can reduce your payroll health insurance deduction by \$10 per month. Participation is simple!



All that's required is:



- 1. Obtain your Biometric Screenings at the Annual Health Fair (October 28, 2011), or if unable to attend, a voucher may be requested from Kay Holland at 351.3231 for use at a later date.
- 2. Complete your Health Risk Assessment online at www.imstpa.com through WorldDoc. You can also do this at the Health Fair; look for the IMS booth!
- 3. Complete the Nurse Consultation by December 16, 2011.

If you do not sign up for the IMS Wellness Works Program by 12/16/2011, your insurance deductions will automatically increase by \$10 per month beginning January 1, 2012 (TPC is currently paying this charge). Completion of the Health Risk Assessment and the Care Management Consultation - must be completed by 12/16/11 - to receive your payroll insurance premium reduction.



Halloween Safety



Halloween is the time when things seem to go "bump in the night." For parents, it's time to protect their children from "bumps."

- Supervision is a must. With so many people, it's a good idea to keep an eye out for the little ghosts and goblins.
- **M** Dress them appropriately for the weather.
- Feed children before sending them out. They won't be so tempted to eat so much candy on the way home.
- Check their loot before they eat it. Discard any treats that aren't individually wrapped.
- When older children go out on their own, give them a preplanned route and a cell

phone.

- Adhere to city or state curfews and specified times set for the pilgrimage.
- Make sure children have a flashlight, light stick, or reflective costumes so they are visible to drivers.
- Trick-or-treaters should knock only on doors of friends and neighbors approved by their parents.
- As a homeowner, turn on your porch lights if you want visitors. Turn them off if you don't.

Stay safe and have fun!



TPC ANNUAL EMPLOYEE HEALTH FAIR!



901 WALLACE BLVD - BLDG. 501

October 28th, 2011

7:30am to 10:30am

Celebrate Good Health!

Health Screenings & Information, Prizes, and more!!!

(If you will be getting lab work done, remember to Fast)

WEAR A COSTUME - get a jean day pass!







United Way Rallies Scheduled



- ECI: Wednesday, October 12th at 1:30pm in the conference room
- Wallace Blvd: Wednesday, October 19th at 10:00am in the HRD-Training Room
- Polk/Taylor: Wednesday, October 19th at 1:30-Taylor St. Large Conference Room

If you need a payroll deduction pledge form, please contact Bonnie Lasher at 351.3284. **12** jean passes will be given to all "fair share" donors! A "fair share" is only 1 hours pay per month, and can be done through payroll deduction. Any "new" United Way donations will not begin until after Jan 1, 2012.

On behalf of all the thousands of people in Amarillo and Canyon that benefit from United Way dollars this year.....Thank you!!

Notice!

New Enrollment Dates for Medicare D

October 15 through December 7

Medicare enrollment used to start November 15 and run through December 31st. Now, it starts and ends earlier... October 15 - December 7. For additional information, please visit the Medicare website at: www.medicare.gov

October is ...

Mental Illness Awareness Month Domestic Violence Awareness Month



National Breast Cancer Awareness Month





October 16 ~ National Boss Day





🞃 October 31 ~ Happy Halloween!



November 6 ~ Daylight Saving Time Ends



Clarresa Stamps, Atkinson Group Home, answered last month's questions correctly and was randomly selected to win a \$25 gift card from Amarillo National Bank.

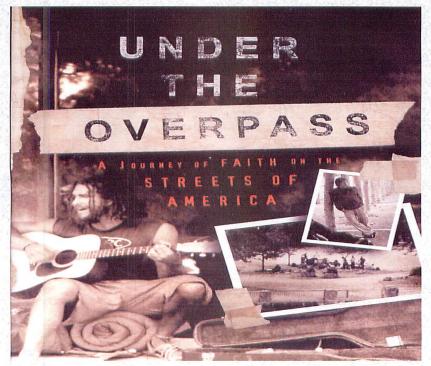
To claim your card, contact Joyce Lopez at 806.351.3308 or email: joyce.lopez@txpan.org. Congratulations!



benefit luncheon for the homeless

Monday, November, 7, 2011 11:30 a.m.—1:00 p.m.

Amarillo Civic Center-Heritage Room



AUTHOR, ADVOCATE & GUEST SPEAKER MIKE YANKOSKI

For tickets, information or reservations call (806) 378-6276 \$15 in advance or \$20 at the door

PRESENTED BY THE AMARILLO COALITION FOR THE HOMELESS, ATMOS AND XCEL ENERGY

Tickets can be purchased in advance for \$15 from Libby Moore 349.5609, Joyce Lopez 351.3308 or Gary Fox 349.5694.

Tickets will be sold at the door for \$20

Articles, or suggestions for this publication may be submitted by the 1st of each month to:

Joyce Lopez ● 901 Wallace Blvd., ● Amarillo, Texas 79106 Phone: (806) 351-3308 Fax: (806) 351-3345 Email: joyce.lopez@txpan.org

EMPLOYEE RECOGNITION

Judge Willis Smith, Chair, recognized the following employees at the September Board of Trustees meeting for their years of service with the Center.

- 20 Year Award Teresa Mendoza, IDD Service Coordination (not present)
- 20 Year Award Jacqualine Briggs, Human Resource Development
- 15 Year Award Delores Miles, IDD Services Borger
- 15 Year Award Paul Jeffers, IDD Services, Community Living (not present)
- 15 Year Award Barbara London, MH Services STAR Program
- 15 Year Award Stacy Sandorskey, MH Services STAR Program

The were awarded a plaque, gift card and a day off. Congratulations!









ECI Float Comes In 1st Place at Tri-State Fair Parade!



We are very proud to announce that the Early Childhood Intervention Program won 1st place at the Tri-State Fair Parade! The theme of the parade this year was "A Family Affair". ECI received a 1st place trophy for "Outstanding Float", as well as, a \$300.00 prize!

Above: ECI employee Allison Zander's two children; Zach and Zoe.

Right: ECI's float in the parade.





Answer the questions correctly and your name will be entered in a random drawing to be eligible to win a \$25 gift card.

- 1. By participating in the IMS Wellness Works Program, you can reduce your deduction by how much per month?
- 2. What is the date of the upcoming TPC Health Fair?
- 3. Who is the Guest Speaker at the 2011 Beans & Cornbread benefit luncheon?

Submit your answers to joyce.lopez@txpan.org. Deadline for responses is the 5th

of the following month. You must type "Monthly Drawing" in the email subject line to be eligible.

Welcome these New Employees...

Sharon Alexander Telemedicine

Amy Govea STAR

Deric Hollings Crisis Transition

Jessica Redshaw Canode Group Home

Carol Bentley IDD Service Coordination
Roderick Diggs Club Meadows Group Home
Sophia Rueda Westcliff Group Home
Margaret Watson Camp Lane Group Home





The following employees were recognized through the Performance Enhancement Program for one or more of the following: Core Competencies, Safety, Critical Thinking, Communication, Client Rights, Continuous Quality Improvement, Professional Behavior, Customer Service:

Kathy Jensen, Children's Med Clinic Charles Pierce, MH Service Coordination

White Hat Award

The IDD Service Coordination department would like to present this month's White Hat Award to all of the **Respite staff**. The staff at the facility are very helpful when we are having a crisis situation and they accommodate our consumers. **Jennifer Long** understands when you explain the situation to her and **Yolanda King** is also recognized for working hard to complete all of the admissions paperwork. Thank you for all you do. We appreciate you.

Sharon Guinn for IDD Service Coordination

Community Corner

Refuse to be Silent, a song published by Carmen Nichols, Human Resource Development, will be sung on October 21st during the Second Annual March Against Domestic Violence.

