



Here's What's Happening...

TEXAS PANHANDLE CENTERS
901 WALLACE BLVD. AMARILLO, TEXAS
www.texaspanhandlecenters.org

September 2016, Volume XIII, Issue 9

Board of Trustees

Chair

The Honorable Willis Smith
Lipscomb, Texas

Vice Chair

Dr. Sam Reeves
Amarillo, Texas

Secretary/Treasurer

Janis Robinson
Hereford, Texas

Patty Ladd

Amarillo, Texas

Larry Adams

Amarillo, Texas

Linda Brian

Amarillo, Texas

Amy Hord

Canyon, Texas

Charles Gill

Panhandle, Texas

Sharon Braddock

Clarendon, Texas

Legal Counsel

Don L. Patterson

Executive Director

Bud Schertler

Serving the citizens of:

Armstrong, Carson,
Collingsworth, Dallam,
Deaf Smith, Donley, Gray,
Hall, Hansford, Hartley,
Hemphill, Hutchinson,
Lipscomb, Moore,
Ochiltree, Oldham, Potter,
Randall, Roberts, Sherman,
and Wheeler counties

September is National Suicide Awareness Month

The World Health Organization estimates that over 800,000 people die by suicide each year – that's one person every 40 seconds. Up to 25 times as many again make a suicide attempt. The tragic ripple effect means that there are many, many more people who have been bereaved by suicide or have been close to someone who has tried to take his or her own life. And this is happening in spite of the fact that suicide is preventable. **'Connect, communicate, care'** is the theme of the 2016 World Suicide Prevention Day. These three words are at the heart of suicide prevention.

Fostering connections with those who have lost a loved one to suicide or have been suicidal themselves is crucial to furthering suicide prevention efforts. Although every individual suicide is different, there are some common lessons to be learned. Those who have been on the brink of suicide themselves can help us understand the complex interplay of events and circumstances that led them to that point, and what saved them or helped them to choose a more life-affirming course of action. Those who have lost someone to suicide, or supported someone who was suicidal, can provide insights into how they moved forwards on their journey.

Texas Panhandle Centers is pleased to partner with and sponsor ***Out of the Darkness*** Community Walk to bring awareness and raise funds for the prevention of suicide. The event will take place:

OCTOBER 29, 2016

MEDI PARK (WALLACE DRIVE) AMARILLO, TX

REGISTRATION TIME: 9:00 A.M.

WALK: 10:00 A.M.–12:00 P.M.

For more information please contact Amanda Long 806.282.1465 or email:
longfamilyfive@gmail.com

Online registration closes at noon the Friday before the walk; however, anyone who wants to participate can register in person at check-in the day of the event.

Sources: International Association for Suicide Prevention (IASP) and American Foundation for Suicide Prevention



**YOU'RE INVITED TO A COMMUNITY
INFORMATION
FAIR/OPEN HOUSE FOR:**



**TEXAS PANHANDLE CENTERS &
REGENCE HEALTH NETWORK
AT THEIR NEW LOCATION:**

**723 N. TAYLOR
AMARILLO, TEXAS 79107**

**OCTOBER 13, 2016
3:00 P.M. - 5:00 P.M.**

REFRESHMENTS WILL BE SERVED

We hope to see you there!

Congratulations!

I would like to congratulate the **IDD Service Coordination** team for their very successful audits. During the first week of August, The Department of Aging and Disability Services (DADS) audited four programs which were Home and Community Based Services, PASRR, Texas Home Living and Quality Assurance. The auditors reported the department was in the top 10% of the Local Authorities in the State of Texas regarding the department's performance percentages. Three programs scored in the 90% range. The auditors commented how compared to other reviews, this review was notably organized. They also emphasized what quality work was being done and they complimented the department regarding how thorough we are. The hard work, dedication, caring and compassion everyone has for their clients shined through. You are a

great team and I am proud to be a part of it!

I would also like to thank Donald Newsome, Quality Management and his department, Toby Wallace, Human Resources and his department, and Susan Kitchens, Rights Protection Officer and Alicia Huckabay, Intake Psychologist, for their contributions and support. As a part of the Quality Assurance review, their departments were audited including Human Resource Development. All of their departments were at 100%, with no findings. Last but not least, Frank Markham and Kristen Nolte are recognized and appreciated for all their help with our electronic records. What a team!

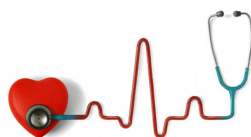
~ Sharon Guinn,
Coordinator, Authority Services

Mark Your Calendars!



TPC's Annual Health Fair is scheduled for **Friday, October 28th**! There will be **Health Screenings, Health Information, Snacks, Prizes and much more!** **Wear a costume and get a jean day pass!**

By participating in health screenings you can reduce your insurance deductible by up to \$1000!



Community Corner

TPC is a proud to sponsor

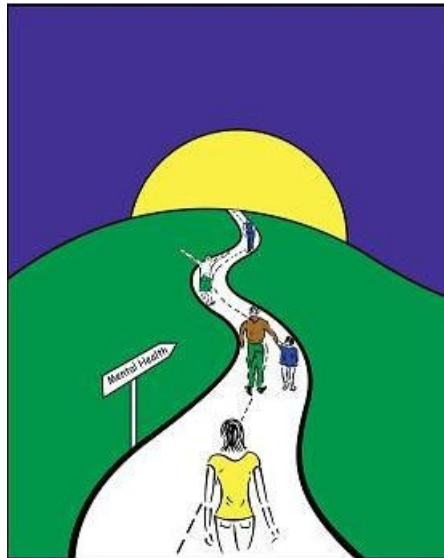
Walk for Mental Health

There is no health without mental health!

October 8, 2016

3 pm - 5 pm

Memorial Park



Register and donate at:

<http://www.walkformentalhealth.gdk>

**This Walk is held to raise mental health awareness, reduce stigma, and to support the FREE programs held by
NAMI Texas Panhandle (National Alliance on Mental Illness) and
Amarillo Area Mental Health Consumers/Agape Ctr.**

Call 806-683-9934 or 806-678-7385 for more information.

Employee Recognition

At the August 25th Board of Trustees meeting, Judge Willis Smith, Board Chair, recognized the following employees for their years of service with the Center. They were awarded a plaque, gift card and a day off.

35 Years—Jim Aveni, Adult Behavioral Health —Clarendon
20 Years—Marlene Deanda—ASCI Dumas



Congratulations!



Trustee Recognition



Bud Schertler, Executive Director, along with the Board of Trustees, recognized Judge Willis Smith, Board Chair, for 25 years of service to TPC. The Judge was awarded a plaque, gift card and a honorary day off!

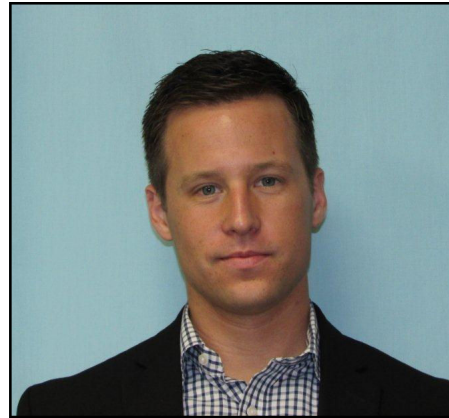
Thank you Judge for 25 years!

TPC Welcomes New PNAC Member

Texas Panhandle Centers welcomes Jacob Reed to the Planning and Network Advisory Committee.

The PNAC was established as a requirement of the Performance Contracts with the Department of State Health Services and the Department of Aging and Disability Services.

Members of the Planning and Network Advisory Committee review, contribute comment and make recommendations to the Board of Trustees on an internal/external network of providers.



Mr. Reed is employed by Senator Seligor's Office. He is a graduate of West Texas A&M University with a bachelor's degree in Business Administration with an emphasis in management and marketing. Mr. Reed is currently working on his master's degree in communication and is scheduled to graduate in December. He is from Lamar Colorado and recently relocated to Amarillo. He is a marathon runner, loves to travel and has taken pilot lessons.

Current PNAC membership includes: Jerry Williams, Chair (Amarillo); Jeff Malcolm (Amarillo); Margie Netherton (Amarillo); Keith Nishimura (Amarillo); Cindy Cockerham (Amarillo); Brandi Reed (Amarillo); Reverend James Peach, (Hereford); Vicki Line (Amarillo); Jim Conner (Amarillo); Jacob Reed (Amarillo)

First Day of Autumn - September 22nd



Congratulations!

The following employee was recognized through the Performance Enhancement Program for one or more of the following: Core Competencies, Safety, Critical Thinking, Communication, Client Rights, Continuous Quality Improvement, Professional Behavior, Customer Service:

Jennifer McKay, IDD Service Coordination

Reminder to supervisors: If you would like employees recognized through PEP in the newsletter, submit the PEP (or a copy) to the respective executive manager for approval.

Welcome these New Employees...

Nancy Hand	ASCI Amarillo
Cecilia Matiarena	IDD Service Coordination
Starla Phelps	Fir Group Home Pampa
Kimberly Grant	IDD Nursing
Shelby Clark	ECI
Bob Ellis	IDD Service Coordination
Cynthia Smith	Behavioral Health Med Clinic Adult
Zachary Lynn	Wayne Group Home
Sandra Bell	ASCI Amarillo
Carrie Brooks	Fist Episode Psychosis
Jennifer Miller	STAR Program
James Cameron	IDD Psychology
Jay Wolf	IDD Service Coordination
Tena Deaton	Behavioral Health Intake
Kadi Egharba	Behavioral Health Service Coordination Adult



We are what we repeatedly do. Excellence, therefore, is not an act but a habit.

~ Aristotle

Active Shooter Video

Desire Winslow, Safety Director

A Word from the Safety Director:

As part of TPC's continued commitment to security and safety, please review the active shooter video. Remember that the "Surviving an Active Shooting" and "Active Shooter Training Video" are available to all staff members. You can access these videos by going to the TPC Intranet page, clicking on the *Community Mall* tab and scrolling down to *videos*. If you do not have access to the TPC Intranet page you can find the "Active Shooter Training Video" created by the Department of Homeland Security at this link:

<https://www.dhs.gov/video/options-consideration-active-shooter-preparedness-video>

Peach Ginger Tart

Food Network

Directions:

Butter an 8-inch-square pan and line with parchment paper. Press half of a 16 -to-16 ounce package refrigerated sugar cookie dough into the bottom of the pan and bake at 375 degrees for 8 minutes. Toss 1 1/2 cups sliced peaches with 2 tablespoons brown sugar, 1 teaspoon ground ginger and a pinch of salt. Arrange on the crust, increase the oven temperature to 425 and bake until golden (10-12 minutes). Sprinkle with cinnamon sugar.



Enjoy!



"Just so you know, I only tolerate your generation because you can troubleshoot my technology issues."



"You could learn a thing or two from them. They're not abducting me until after the game is over."

World Mental Health Day - October 10, 2016

World Mental Health Day is observed on the 10th of October every year, with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health.

The day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.

- World Health Organization

S.T.A.R. (Services-To-At-Risk Youth & Their Families)
brings you...

"Back in Control"

Parenting Workshop

Saturday, September 24, 2016
8:45 AM-4:00 PM

TEXAS PANHANDLE CENTERS
Children's Services Building
1500 S. Taylor Street
Amarillo, Texas 79101

Must pre-register! Call 359-2005

Instructor: Janice James, MA, QMHP

**CEUs available for LPCs & MSWs; General CEUs available, also
(Must attend full class for certificate)**

NO CHARGE

Seating is limited. *No Childcare is provided.*

Rita Mehta, Behavioral Health Service Coordination, answered last month's questions correctly and was randomly selected to win a \$25 gift card from Amarillo National Bank.



To claim your card, contact Joyce Lopez-Enevoldsen at 806.351.3308 or email: joyce.lopez@txpan.org.

White Hat Award



The IDD Service Coordination department would like to give this month's White Hat Award to **Jackie Briggs, Human Resource Development**. Jackie is very resourceful during the hiring process. She is very caring, understanding and helpful. She goes above and beyond her job duties and from all of us at the IDD Service Coordination Department, we thank you and appreciate all that you do.

Breanna Deakin for IDD Service Coordination Department

Answer's to last months questions:

1) Zero 2) 7 3) Sports

Answer the questions correctly and your name will be entered in a random drawing to be eligible to win a \$25 gift card.

1. TPC sponsored Out of the Darkness Community Walk is scheduled for _____.
2. Health screenings, health information, snacks, prizes and more at TPC's _____.
3. The Active Shooter Video can be accessed on TPC's _____



[Submit your answers to joyce.lopez@txpan.org](mailto:joyce.lopez@txpan.org). Deadline for responses is the 5th of the following month. You must type "Monthly Drawing" in the email subject line to be eligible. For those that do not have a computer, entries may be submitted via interoffice mail. The same requirements apply for hard copy submissions.

Articles, or suggestions for this publication may be submitted by the 1st of each month to:

**Joyce Lopez-Enevoldsen • 901 Wallace Blvd., • Amarillo, Texas 79106
Phone: (806) 351-3308 Fax: (806) 351-3345 Email: joyce.lopez@txpan.org**