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Randall, Roberts, Sherman,
and Wheeler counties

The Annual Shining Star Christmas Project is Underway

Once again, area banks are opening their doors and assisting Texas Panhandle Centers in meeting the needs of clients this holiday season. The Annual Shining Star Christmas Tree Project will begin this month when paper ornaments listing the needs of clients will be placed at participating area bank locations. An ornament tree will also be located in the lobby of TPC's Administration Building located at 901 Wallace Blvd. For more information or to volunteer for this project, please contact Janice Stoner at 806.351.3261.



"Sock It" Jeans Week

The week of November 27th - November 30th will be "sock it" jeans week. Wear jeans all week long for the price of a package of **NEW** socks to benefit the clients of TPC.

You pick the size and color and send them to Mary Salazar, Bldg 501 of the Wallace Campus. Thank you for participating!

**In observance of Thanksgiving, Texas Panhandle
Center Offices will be closed on
Thursday, November 23rd
Friday, November 24th.
Wishing everyone a happy
Thanksgiving!**



A great big THANK YOU to the following businesses that donated prizes to this year's health fair.

Dillards	Amarillo National Bank
Walgreen's	Verdure Fitness
World Market	LaBella Salon
Waterstill	806 Fit Gym
Lowe's	Texas Plumbing LLC
Total Works Chiropractic	Home Depot
The Plaza Restaurant	AC Dental Program
Leal's Mexican Restaurant	Aspen Creek
Red Lobster	575 Pizzeria
Pinkie's	McCallisters
Sonic	Roasters
	Red Lobster
	AT&T
	Martin Tipton Pharmacy

thank you!

Canned Drive benefiting ECI Families

TPC's ECI Program and Hillside Christian Church are partnering once again to assist families in need of Christmas gifts. Their motto is "giving a hand up instead of a hand out."

Food Drive



A canned food drive is being held in which TPC employees could send in \$5 or 5 canned goods in exchange for two jean passes to assist some of these families.

To participate, please send 5 canned goods or \$5 (or more) to Laci Beezley, EIS/SC Program Director, ECI, at the Wallace Campus (Bldg 501). The drive ends December 7th, 2017 so please submit your donations before then.

Thank you in advance for supporting our ECI families!

IDD COMMUNITY LIVING

Elvire Sanders-Blakemore, Developmental Health Director

The TPC Community Living program provides services and supports to individuals in their homes and other

community locations that are necessary to achieve the outcomes that have been identified in the individuals' Person Directed Plans (PDPs).

Trisha Wilson is the

Director of our Community Living program, with Renay Asberry serving as the supervisor of this program.

This program consists of a program developer, Paul Jeffers, a clerical staff, Clarissa Rashada, and the following staff who provide community support services: Sonya 'Renee' Perez, Martina Vacio, Presell Gilder, Debbie Hiatt-Rexroad, and Maria Cabrera. We have eight community support staff positions; however, we have two vacant positions. The Community Living staff are currently serving 133 clients; 33 Home and Community Based Services (HCS); 35 Texas Home Living (TxHML); and 71 General Revenue (GR) clients.

The program provides transportation to medical appointments, to shop, to and from day habilitation programs, and to access

other community resources, such as banking, employment, and postal services. The community support staff also work with the

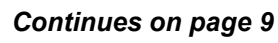
clients in their homes to foster improvement of an individual's ability to perform functional living skills and other activities of daily living skills, such as, cook-

ing, cleaning, doing laundry, and bathing.

Several clients are given the opportunity to participate in the community by going on social outings with some of their peers. The outings can consist of going to the movies, eating out at their favorite restaurant, going skating, going to the park on windy days to fly a kite, to concerts in the community, as well as other activities. The individuals are given choices to select their outings and to choose what places in the community they would like to frequent. The goal of the Community Living program is to give each person diagnosed with IDD that they serve, the opportunity to use the resources in the community that is available to all citizens and to ensure they have the skills needed to interact with members of our community.



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Carbon monoxide, or “CO,” is an odorless, colorless gas that can kill you.

Submitted by: Desire Winslow, Quality Management Safety Director

Where is CO found?

CO is found in fumes produced any time you burn fuel in cars or trucks, small engines, stoves, lanterns, grills, fireplaces, gas ranges, or furnaces. CO can build up indoors and poison people and animals who breathe it.

What are the symptoms of CO poisoning?

The most common symptoms of CO poisoning are headache, dizziness, weakness, upset stomach, vomiting, chest pain, and confusion. CO symptoms are often described as “flu-like.” If you breathe in a lot of CO it can make you pass out or kill you. People who are sleeping or drunk can die from CO poisoning before they have symptoms.

Who is at risk from CO poisoning?

Everyone is at risk for CO poisoning. Infants, the elderly, people with chronic heart disease, anemia, or breathing problems are more likely to get sick from CO. Each year, more than 400 Americans die from unintentional CO poisoning not linked to fires, more than 20,000 visit the emergency room, and more than 4,000 are hospitalized.

How can I prevent CO poisoning in my home?

- Install a battery-operated or battery back-up CO detector in your home and replace the battery when you change the time on your clocks each spring and fall. Place your detector where it will wake you up if it alarms, such as outside your bedroom. Consider buying a detector with a digital readout. This will detect where the highest level of CO concentration in your home is (and alarm you). Replace your CO detector every 5 years.
- Have your heating system, water heater, and any other gas, oil, or coal burning appliances serviced by a qualified technician every year.
- Do not use portable flameless chemical

heaters indoors.

- If you smell an odor from your gas refrigerator have an expert service it. An odor from your gas refrigerator can mean it could be leaking CO.
- When you buy gas equipment, buy only equipment carrying the seal of a national testing agency, such as Underwriters’ Laboratories.
- Make sure your gas appliances are vented properly. Horizontal vent pipes for appliances, such as a water heater, should go up slightly as they go toward outdoors, as shown below. This prevents CO from leaking if the joints or pipes aren’t fitted tightly.
- Have your chimney checked or cleaned every year. Chimneys can be blocked by debris. This can cause CO to build up inside your home or cabin.
- Never patch a vent pipe with tape, gum, or something else. This kind of patch can make CO build up in your home, cabin, or camper.
- Never use a gas range or oven for heating. Using a gas range or oven for heating can cause a buildup of CO inside your home, cabin, or camper.
- Never burn charcoal indoors. Burning charcoal (red, gray, black, or white) gives off CO.
- Never use a portable gas camp stove indoors. Using a gas camp stove indoors can cause CO to build up inside your home, cabin, or camper.
- Never use a generator inside your home, basement, or garage or less than 20 feet from any window, door, or vent.
- When using a generator, use a battery-powered CO detector in your home.



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives. Protecting People.™

COMPLIANCE CORNER

Welcome back to Compliance Corner. Each month we will address a question that was received internally for the purpose of education. (All personal identifying information has been removed to protect the identity of the employee and client).

IF YOU SEE SOMETHING, SAY SOMETHING.....

Employees are the “eyes and ears” of the organization to detect any violation of our Compliance Program. You are required to immediately report anything that you encounter at TPC which you believe may be unethical, illegal, or fraudulent immediately to:

- Your supervisor or
- Donald Newsome, Director, Quality Management & Compliance, (Privacy Officer)
Phone: (806) 351-3284
Email: Donald.newsome@txpan.org

Here is the compliance question of the month:

Question: I forgot to take my ANSA certification test, print it out and sent it to HRD. Can I seriously not do an ANSA with my clients until I get this done?

Answer: You may not complete an ANSA with a client if your certification has expired and you must keep all training up to date to remain in compliance with the Texas Administrative Code (TAC). This rule applies to case managers and to those who supervise case managers.

Title 25. Chapter 412, Subchapter I, RULE §412.412 MH Case Management

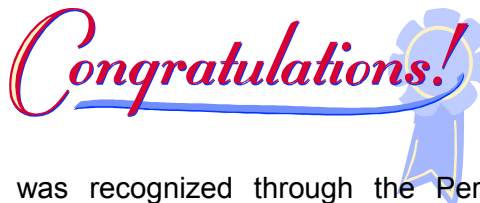
The provider shall require each case manager and case manager supervisor, prior to providing MH case management services, to:

- (1) demonstrate the competencies described in subsection (a) of this section; and
- (2) ensure that documentation verifying competencies is maintained in the personnel record of each case manager and case manager supervisor.

If you have a question/scenario that you would like to be considered for inclusion in the newsletter, email the information to Compliance.Corner@txpan.org.

Welcome these New Employees...

Latara Burks	Carlton Group Home
Debra Dye	ASCI Perryton
Joseph Presnall	IDD Service Coordination
Belia Reyes	Community Living
Trenetra Tarver	HCS/Admin. - Provider Services
Rashonda Pena	Integrated Care/Medical Records
Richard Gaskill	Maintenance/Support Services
Chivon Toles	1115 Waiver/Integrated Care



The following employee was recognized through the Performance Enhancement Program for one or more of the following: Core Competencies, Safety, Critical Thinking, Communication, Client Rights, Continuous Quality Improvement, Professional Behavior, Customer Service:

Nick Montoya, Alternate Living

Reminder to supervisors: If you would like employees recognized through PEP in the newsletter, submit the PEP (or a copy) to the respective executive manager for approval.



Terri Andersen, HCS Administration answered last month's questions correctly and was randomly selected to win a \$25 gift card from Amarillo National Bank.

To claim your card, contact Joyce Lopez-Enevoldsen at 806.351.3308 or email: joyce.lopez@txpan.org.

White Hat Award



The IDD Service Coordination Department would like to give this month's White Award to **Wesley Barley, RN with IDD Nursing**. He has been willing to do whatever needs to be done to make sure the needs of our clients are being met. He also is great at working with Service Coordinators to ensure any questions get answered and information is shared as needed. Wesley has gone above and beyond his job duties and from all of us at the IDD Service Coordination Department, we thank you and appreciate all that you do.

Breanna Deakin for IDD Service Coordination Department

Answer's to last months questions:

1) Fast 2) Jeans 3) October 19th from 12-3

Answer the questions correctly and your name will be entered in a random drawing to be eligible to win a \$25 gift card.



1. _____ Is an odorless, colorless gas that can kill you.
2. You may not complete an _____ if your certification has expired.
3. Sock It Jeans week is scheduled for _____.

[Submit your answers to joyce.lopez@txpan.org](mailto:joyce.lopez@txpan.org). Deadline for responses is the 5th of the following month. You must type "Monthly Drawing" in the email subject line to be eligible. For those that do not have a computer, entries may be submitted via interoffice mail. The same requirements apply for hard copy submissions.

Articles or suggestions for this publication may be submitted by the 1st of each month to:

Joyce Lopez-Enevoldsen • 901 Wallace Blvd., • Amarillo, Texas 79106
Phone: (806) 351-3308 Fax: (806) 351-3345 Email: joyce.lopez@txpan.org

Here's What's Happening



IDD Service Coordination Department's Door Decorating Contest

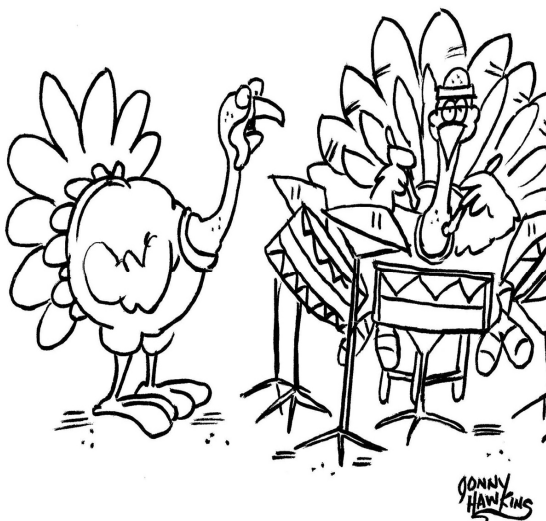


1st Place = Susan McQuaig and Kelli Biddle

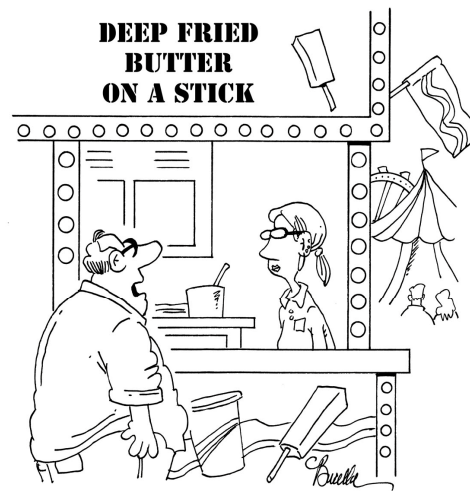


2nd Place = Richard Salinas

Congratulations to Susan McQuaig and Kelli Biddle and Richard Salinas for their creative work on the door decorating project. For a the complete list of photos, visit TPC's Facebook page.



"I'm glad you're in band. I'm just a little creeped out by the drumsticks."



"I'm trying to lead a healthier lifestyle. I'd like the butter on a stick, unfried."

HAPPY HOLIDAYS!

The Board of Trustees and Executive Management Team of TPC are pleased to present employees with a holiday gift. Semi-boneless, spiral sliced hams will be delivered to the following locations on the following dates:

Polk/Taylor: 11/30/2017 3:30 p.m. - 4:15 p.m.
Wallace Blvd: 11/30/2017 4:00 p.m. - 4:30 p.m.

Respite &
ASCI Amarillo: 12/1/2017 3:45 p.m. - 4:00 p.m.

Tyler Street: 12/1/2017 During regular mail delivery
Santa Fe Building: 12/1/2017 During regular mail delivery

All Regional Sites: Schedule through your respective supervisor.

Group Home Staff
& Others: May pick up during regular business hours at any of the above designated times or from the Purchasing Dept. starting December 3rd.



* Please note: Each employee will be issued a card which is to be signed and presented at the time of pick up or delivery.



TPC Health Fair Lab Results are IN!

1. Go to www.imstpaonline.com
2. Enter your User ID & Password
3. Navigate to **Wellness Works** from the *INQUIRY* selection (blue bar)
4. The Wellness Works website will open in a separate window (you must allow pop ups to view this)
5. Select the "ASSESS MY HEALTH" tab
6. Select the "In-Progress" Health Risk Assessment (Your labs from the Health Fair are loaded into this HRA).
7. Answer the HRA questions, and select the "Complete now for Credit" option.
8. Call 1-800-687-3020 ext. 391 to complete your Care Management Consultation. If prompted, please leave your first and last name, along with a call-back number. During high volume call times, your call may be returned in 1-2 business days. Deadline to complete all components 12-15-17.