



Here's What's Happening...

TEXAS PANHANDLE CENTERS
901 WALLACE BLVD. AMARILLO, TEXAS
www.texaspanhandlecenters.org

March 2017, Volume XIV, Issue 3

Board of Trustees

Chair
The Honorable Willis Smith
Lipscomb, Texas

Vice Chair
Dr. Sam Reeves
Amarillo, Texas

Secretary/Treasurer
Janis Robinson
Hereford, Texas

Patty Ladd
Amarillo, Texas

Larry Adams
Amarillo, Texas

Linda Brian
Amarillo, Texas

Amy Hord
Canyon, Texas

Charles Gill
Panhandle, Texas

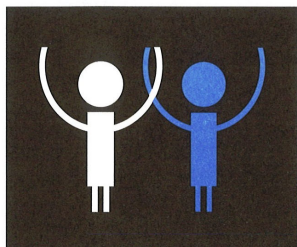
Sharon Braddock
Clarendon, Texas

Legal Counsel
Don L. Patterson

Executive Director
Bud Schertler

Serving the citizens of:

Armstrong, Carson,
Collingsworth, Dallam,
Deaf Smith, Donley, Gray,
Hall, Hansford, Hartley,
Hemphill, Hutchinson,
Lipscomb, Moore,
Ochiltree, Oldham, Potter,
Randall, Roberts, Sherman,
and Wheeler counties



17th Annual Child Abuse Prevention CONFERENCE

Amarillo, Texas

Presented in Recognition of Child Abuse Prevention Month (April)

Tuesday
April 4, 2017

8:30 a.m. to 4:30 p.m.

Registration/Check-In begins at 7:45 a.m.

FEATURING

Lisa Aronson Fontes, PhD

**Child Abuse and Culture:
Working with Diverse Families**

Phylip J. Peltier

**Forensic Bite Marks &
Suspicious Burn Injuries**

Detailed information available at
www.actx.edu/cj/cap



Amarillo College

Criminal Justice Programs

Cost: \$30.00 (Lunch included)

PRPC-sponsored for qualifying law enforcement officers.

Location: **Amarillo Civic Center**
Heritage Room
401 S. Buchanan
Amarillo, Texas 79101

*Located in the northeast corner of the Civic Center at entrances 3/4;
driving directions and map available at www.civicamarillo.com*

Contact:

Amarillo College
Criminal Justice Programs
P. O. Box 447
Amarillo, TX 79178

Phone: (806) 354-6081
Fax: (806) 354-6074
www.actx.edu/cj/cap
criminaljustice@actx.edu

Target Audience/CEUs: Probation officers, school resource/law enforcement officers who work with youth, caseworkers, CASA volunteers, counselors, teachers, school administrators, nurses, foster or adoptive parents, and all other related professionals.
No children allowed.

Amarillo College Center for Continuing Healthcare Education is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Credit hours will be submitted to TCOLE and TJJD for approval. CEUs will be awarded for Social Workers and LPC/LMFTs. Amarillo College is approved by the State Board of Educator Certification as a provider of Continuing Professional Education (CPE). Amarillo College is approved by the Texas Certification Board of Addiction Professionals Standards Committee, Provider Number 1743-06, to provide 6 hours general and CCJP credit. Expires 08/17. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 1005 Congress Avenue, Ste. 460, Austin, Texas 78701, Fax Number (512) 476-7297. General CEUs will be awarded to all other participants for individual submission to their respective licensing agencies. For successful completion, this program must be attended in its entirety.

Handouts will not be provided at the conference in order to save paper/printing costs. They will be available for download at www.actx.edu/cj/cap from March 31 – April 14, 2017.



TPC's MOTOR POOL

Terry Zimmerman, Director of Support Services

Texas Panhandle Centers has approximately 130 vehicles which travel throughout the Panhandle of Texas. The primary purpose behind having such a large fleet is to provide services to clients in their living environments such as, home, work, and day programming. Motor pool employees Jeff Young and Randy Ray are committed to performing routine maintenance such as oil & filter changes, minor repairs, car washing and other required service on a regular basis. Hats off to Jeff and Randy!



Each vehicle has a white notebook which has valuable information in them that all employees should familiarize themselves with. The following is an outline of some of the information contained:

Insurance Certificate – Each vehicle has an insurance certificate which should be in the pouch at the front of the notebook.

Mileage Sheets – Mileage sheets should be filled out on a trip-by-trip basis, and completed all of the way across the page. All mileage sheets are to be turned in to Kay Annen in the Maintenance Department by the 10th of each month, with the supervisor's signature.



Procedure for Reporting Vehicle Problems – This procedure has the motor pool direct telephone line. In case there is a problem after hours, the on-call phone numbers are listed as well.

Center Policy & Procedures for Motor Vehicle Safety and Use – This outlines Procedures, Types of usage, Authorizations, and Usage of personal vehicles.

Center Policy on Red Light Photo Enforcement Violations – This outlines the employee's responsibility regarding fines, assessments, legal, and court costs for each infraction.



Procedures for Reporting Vehicle Accidents – Unfortunately accidents happen. When this occurs it is extremely important these procedures are followed for a variety of legal and contractual obligations. Accident claims notices are in each of these notebooks and MUST be completed at the time of the accident. NO ACCIDENT IS TOO SMALL TO REPORT. This includes minor damage such as scrapes, rock chips, etc.

Attention to all of these issues is greatly appreciated. Be safe.

Daylight Saving Time begins Sunday March 12th



Berries Aid Thinking

Two separate clinical studies show that berries appear to give a boost to brain power. In one study, healthy men and women ages 60 to 75 were given two cups of strawberries for 90 days. They showed improved scores for word recognition and spatial memory. In another study, researchers showed that older adults who ate the equivalent of one cup of blueberries for 90 days didn't repeat themselves as often. Quoted in

Tufts Health & Nutrition Letter, Barbara Shukitt-Hale said researchers



speculate that the anthocyanins in berries have certain anti-inflammatory properties that have direct effects on the brain. Supplements, she said, don't appear to work. It is the combination of nutrients in berries that seem to have a benefit.



COMPLIANCE CORNER

Welcome back to Compliance Corner. Each month we will address a question that was received internally for the purpose of education. (All personal identifying information has been removed to protect the identity of the employee and client).

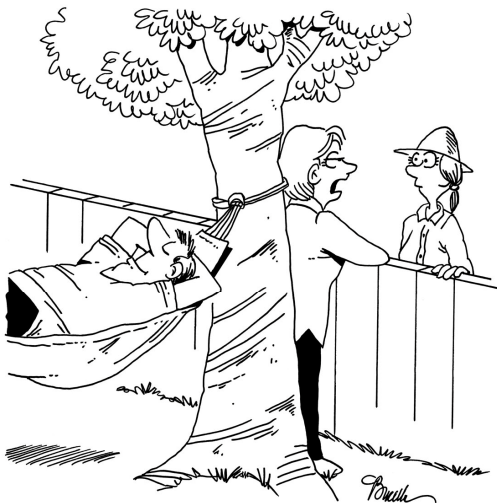
Q: I forgot to include my credentials when I signed a Recovery Plan and it has already been entered into Papervision. Are the services that I have provided since completing the Recovery Plan billable?

A: No, Recovery Plans require the credentials of the provider to be included in the signature.

Title 25, Part 1, Chapter 412, Subchapter G, §412.322

At minimum, a staff member credentialed as a QMHP-CS is responsible for completing and signing the treatment plan. The treatment plan must reflect input from each of the disciplines of treatment to be provided to the individual based upon the assessment.

The treatment plan must include: "(iii) the credentials of the staff member responsible for providing the service".



"We did date for a long time before we got married, so I guess he is a preexisting condition."



Welcome these New Employees...

Jaime Levario	Programming Services
Cancy Cabler	ECI
Alejandra Patino	MH Service Coordination - Children's
Eric Martinez	MCOT



Congratulations!

The following employee was recognized through the Performance Enhancement Program for one or more of the following: Core Competencies, Safety, Critical Thinking, Communication, Client Rights, Continuous Quality Improvement, Professional Behavior, Customer Service:

Cindy Pulse - IDD Consumer Benefits

Reminder to supervisors: If you would like employees recognized through PEP in the newsletter, submit the PEP (or a copy) to the respective executive manager for approval.

First Day of Spring - March 20th



Lupe Martinez, Specialized Services, answered last month's questions correctly and was randomly selected to win a \$25 gift card from Amarillo National Bank.



To claim your card, contact Joyce Lopez-Enevoldsen at 806.351.3308 or email: joyce.lopez@txpan.org.

March Marks the Beginning of Tornado Season for our Area

Desire Winslow, Safety Coordinator

Tornado Quick Facts

- They may strike quickly, with little or no warning.
- Tornadoes appear transparent until dust & debris are picked up or a cloud forms in the funnel.
- The average tornado moves Southwest to Northeast, but can move in any direction.
- The average forward speed of a tornado is 30 mph, but may vary from stationary to 70 mph.
- Tornadoes can accompany tropical storms and hurricanes as they move onto land.
- Peak tornado season in the southern states is March through May.
- Tornadoes are most likely to occur between 3 pm and 9 pm, but can occur at any time.



ground level or the lowest floor of a building offers the greatest safety. Put as many walls between yourself and the outside as possible.

- Tornadoes could be obscured by rainfall or come at nighttime. Do not wait until you see or hear the tornado, it may be too late.

- Do not waste time opening or closing windows and doors. It will not protect the structure. You will only waste time and put yourself and others in greater risk. Use those valuable seconds to find a place of safety.

- In homes or public buildings: go to the basement or a small interior room, such as a closet, bathroom or an interior

hall on the lowest level. Close all doors to the hallway for greater protection. If possible, get under something sturdy like a heavy table. Protect yourself from flying debris with pillows, heavy coats, blankets or quilts. Use bicycle or motorcycle helmets to protect your head.

- In mobile homes: leave well in advance of the approaching severe weather and go to a strong building. If there is no shelter nearby, get into the nearest ditch, low spot or underground culvert. Lie flat, covering your head with your hands for protection.

- In vehicles or outdoors: Stay close to a sturdy shelter. If caught outside, find shelter in a ditch or remain in your vehicle and cover your head for protection. Do not take shelter under a highway overpass, where wind speeds can increase due to a tunneling effect. It is best to not put yourself or others in a situation where no sturdy shelter is available.

Remember, stay away from doors, windows, outside walls and protect your head.

Know the Difference:

Tornado Watch - Tornadoes are possible. Remain alert for approaching storms. Watch the sky and stay tuned to NOAA Weather Radio, commercial radio or television for information.

Tornado Warning - A tornado has been sighted or indicated by weather radar. Take shelter immediately.

Look for the following **danger signs**

- Dark, often greenish sky
- Large hail
- A large, dark, low-lying cloud (particularly if rotating)
- Loud roar, similar to a freight train.

In the event of a tornado, follow these **Tornado Safety Guidelines** to help keep you & your family safe:

- Get as low as you can. A basement below



The Department of Homeland Security

White Hat Award



The IDD Service Coordination Department would like to give this month's White Hat Award to **Janice Stoner**. Janice is the director of ASCI in Amarillo and does a great job with our clients at day habilitation. Janice cares a lot for the clients at ASCI and does whatever she can to make sure they are learning, socializing, and happy. Janice goes above and beyond her job duties and from all of us at the IDD Service Coordination Department, we thank you and appreciate all that you do.

Breanna Deakin for IDD Service Coordination Department

Answer's to last months questions:

1) True 2) Disabilities 3) True

Answer the questions correctly and your name will be entered in a random drawing to be eligible to win a \$25 gift card.

1. No _____ is too small to report.
2. In two clinical studies, berries showed to _____ brain power.
3. _____ is when a tornado has been sighted or indicated by weather radar. Take shelter immediately!



[Submit your answers to joyce.lopez@txpan.org](mailto:joyce.lopez@txpan.org). Deadline for responses is the 5th of the following month. You must type "Monthly Drawing" in the email subject line to be eligible. For those that do not have a computer, entries may be submitted via interoffice mail. The same requirements apply for hard copy submissions.

Articles or suggestions for this publication may be submitted by the 1st of each month to:

Joyce Lopez-Enevoldsen • 901 Wallace Blvd., • Amarillo, Texas 79106
Phone: (806) 351-3308 Fax: (806) 351-3345 Email: joyce.lopez@txpan.org