



## SERVICE COSTS

Texas Panhandle Centers funding comes primarily through The Department of State Health Services and relies on insurance, Medicaid, and the family's ability to pay based on income.

## CONTACT INFORMATION

A crisis can occur anytime and Texas Panhandle Center offers a 24-hour Hotline for Information, Assessment or Crisis Resolution.

*For Help, Please Call!*

**(800) 692-4039 or (806) 359-6699**

## YOUR RIGHTS

Successful treatment is based on quality services. To contact TPC's Rights Protection Officer please call 806.351.3400.



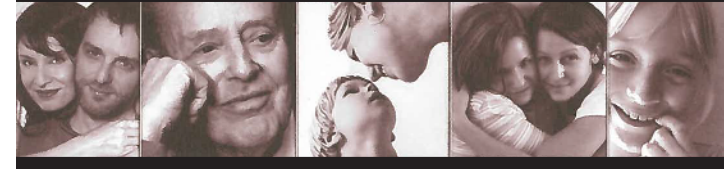
[www.texaspanhandlecenters.org](http://www.texaspanhandlecenters.org)



**MAKING LIVES BETTER**



Texas Panhandle  
**CENTERS**  
Behavioral & Developmental Health



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**MAKING LIVES BETTER**



Children's Behavioral  
Health Services





## TEXAS PANHANDLE CENTERS

Texas Panhandle Centers (TPC) Behavioral and Developmental Health is part of the Texas Community Center system and is governed by a local Board of Trustees representing the citizens of the upper twenty-one Texas Panhandle counties. The primary populations that we serve are adults and youth with severe mental illness, intellectual and developmental disabilities, and children birth to three years of age experiencing developmental delays. Clients and staff decide, together, on individual plans of care that can include a wide service array such as assessment, service coordination, medication and a variety of other treatment and therapeutic supports. At the heart of TPC's work is our mission.

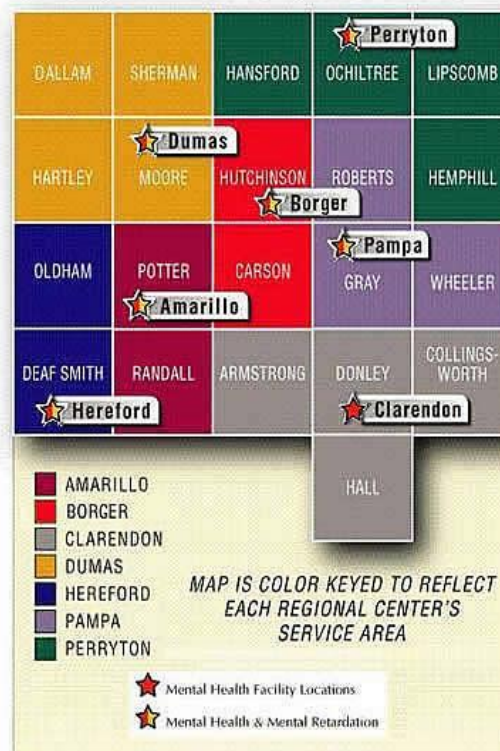
***Mission: To respond to the behavioral and developmental health needs of individuals by creating an accessible system of care that supports individual choice and results in lives of dignity and independence.***

## WHO WE ARE

At Texas Panhandle Center's Child & Adolescent Services, we believe in the value of family. Treatment is designed to work in a partnership with families to improve children's lives. Our goal is to provide excellent services and see children reach their potential.

## SERVICE AREA

Texas Panhandle Centers offers accessible services in outlying counties through area Behavioral Health Clinics for children 3 through 17 years of age. Eligibility criteria: children with a mental health disorder, at risk for placement, or classified special education in school structure.



## WHAT TO LOOK FOR?

Children may need behavioral health intervention when emotions, behaviors and feelings cause impairment in school, daily routine or if there is a risk of removal from the home. TPC services can be provided in the school, office or home-based environment.

## FIRST STEPS

Each person who seeks services from Children's Services is assessed by a trained clinician. The next stage is to develop a recovery plan specifying goals to meet the child's and family's needs.

## SERVICE ARRAY

There are different needs each child has during their treatment of a behavioral health condition. Services available through Children's Services include:

- Individualized Parenting Skills Training
- Cognitive Behavioral Therapy
- Case Management
- Psychiatric Consultation
- Nursing Services
- Crisis Intervention & Stabilization
- Skills Training:
  - Anger Replacement Training
  - Co-occurring Treatment for PTSD
  - Substance Abuse
  - Preparing Adolescents for Young Adulthood
- Parent Support Groups
- Family Partner Services
- Wrap-around Services